

Four Week Menu

	<u>Week 1</u>	<u>Week 2</u>	<u>Week 3</u>	<u>Week 4</u>
Monday	Vegetable Curry & Rice Pitta Bread (2) (5) (6) (8) Fromage Frais (5) Fresh Fruit	Vegetable Lasagne & Peas (2) (5) (6) Rice Pudding (5) Fresh Fruit	Pizza with fresh Tomato, Potato Wedges & Spaghetti Hoops (2) (3) (5) Chocolate Sponge & Custard (2) (3) (5) Fresh Fruit	Beef & Vegetable Stew & Cobbler (1) (2) (5) (7) (8) Rice Pudding (5) Fresh Fruit
Tuesday	Lasagne Peas & Carrots (2) (5) (6) Banana Custard (5) Fresh Fruit	Fish Fingers Mashed Potato Baked Beans (2) (4) (5) (8) Jam & Coconut Sponge & Custard (2) (3) (5) Fresh Fruit	Jacket Potato Baked Beans & Cheese (5) Mousse (5) Fresh Fruit	Roast Chicken & Roast Potatoes Carrots & Cabbage (2) (5) (7) (8) Fromage Frais (5) Fresh Fruit
Wednesday	Chicken Pie Boiled Potatoes Sweetcorn & Peas (2) (5) (7) (8) Mousse (5) Fresh Fruit	Pizza with fresh Tomato, Potato Wedges & Spaghetti Hoops (2) (3) (5) Fruit & Jelly Fresh Fruit	Fish & Potato Pie Mixed Vegetables (2) (4) (5) (6) (8) Jelly Fresh Fruit	Vegetable Lasagne & Peas (2) (5) (6) Jam & Coconut Sponge & Custard (2) (3) (5) Fresh Fruit
Thursday	Macaroni Cheese Mixed Vegetables (2) (5) (6) Jelly Fresh Fruit	Roast Beef & Roast Potatoes Cabbage & Cauliflower (1) (2) (7) (8) Fromage Frais (5) Fresh Fruit	Chicken Curry Rice and Pitta Bread (2) (5) (6) (8) Fromage Frais (5) Fresh Fruit	Fish Fingers Mashed Potato Baked Beans (2) (4) (5) (8) Rice Pudding (5) Fresh Fruit
Friday	Fish & Potato Pie Mixed Vegetables (2) (4) (5) (6) (8) Chocolate Sponge and Custard (2) (3) (5) Fresh Fruit	Chicken Pie Boiled Potatoes Sweetcorn & Peas (2) (5) (7) (8) Jelly & Custard (5) Fresh Fruit	Spaghetti Bolognese Peas & Carrots (2) (5) Rice Pudding (5) Fresh Fruit	Vegetarian Quiche Mashed Potato Baked Beans (2) (3) (5) (8) Jelly Fresh Fruit



Allergens within the ingredients of our meals as notified by our suppliers
Code - (1) Celery (2) Wheat (3) Eggs (4) Fish (5) Milk (6) Mustard (7) Soya
(8) Sulphur Dioxide and/or Sulphites

